

## GR - Art Therapy, MS

### Student Learning Outcomes

1. Understand the historical development of Art Therapy as a profession, Art Therapy theories and techniques, as a foundation for contemporary Art Therapy professional practice.
2. Distinguish among the therapeutic benefits of a variety of art processes and media, strategies and interventions, and their applicability to the treatment process for individuals, groups, and families.
3. Recognize that Art Therapy, from a multicultural perspective, takes into consideration the specific values, beliefs, and actions influenced by a client's race, ethnicity, nationality, gender, religion, socioeconomic status, political views, sexual orientation, geographic region, physical capacity or disability, and historical or current experiences within the dominant culture.
4. Select culturally and developmentally appropriate assessment and evaluation methods and administer and interpret results to identify challenges, strengths, resilience, and resources for Art Therapy treatment planning.
5. Develop culturally appropriate, collaborative, and productive therapeutic relationships with clients.
6. Know federal and state laws and professional ethics as they apply to the practice of Art Therapy.
7. Recognize and respond appropriately to ethical and legal dilemmas using ethical decision-making models, supervision, and professional and legal consultation when necessary.
8. Recognize clients' use of imagery, creativity, symbolism, and metaphor as a valuable means for communicating challenges and strengths and support clients' use of art-making for promoting growth and well-being.
9. Recognize the legal, ethical, and cultural considerations necessary when conducting Art Therapy research.
10. Apply principles of human development, artistic and creative development, human sexuality, gender identity development, family life cycle, and psychopathology, to the assessment and treatment of clients.
11. Understand professional role and responsibility to engage in advocacy endeavors as they relate to involvement in professional organizations and advancement of the profession.
12. Continuously deepen self-understanding through personal growth experiences, reflective practice, and personal art-making to strengthen a personal connection to the creative process, assist in self-awareness, promote well-being, and guide professional practice.

13. Pursue professional development through supervision, accessing current Art Therapy literature, research, best practices, and continuing educational activities to inform clinical practice.

14. Recognize the impact of oppression, prejudice, discrimination, and privilege on access to mental health care, and develop responsive practices that include collaboration, empowerment, advocacy, and social justice action.

15. Understand the basic diagnostic process and the major categories and criteria of mental disorders, corresponding treatments, and commonly prescribed psychopharmacological medications.

## Required Courses

### Required Courses

ATR 612 Theories and Practice of Group Art Therapy  
ATR 613 Theories of Counseling and Art Therapy  
ATR 614 Techniques of Art Therapy Practice  
ATR 615 Social and Cultural Considerations in Art Therapy and Counseling  
ATR 616 Art Therapy Practicum/Internship I  
ATR 617 Professional Orientation, Ethical and Legal Issues in Art Therapy  
ATR 618 Helping Relationships and Applications in Art Therapy  
ATR 718 Internship II  
ATR 719 Internship III  
ATR 720 Assessment  
ATR 721 Art Therapy Research and Evaluation  
ATR 822 Thesis or Culminating Project I  
ATR 823 Thesis or Culminating Project II  
MFT 724 Psychopathology  
COU 628 Life-Span Human Development  
COU 642 Career Development

## Internship

### Required Field Placement Experience

ATR 616 Art Therapy Practicum/Internship I  
ATR 718 Internship II  
ATR 719 Internship III

## Thesis or Culminating Project

**Required Research or Project**

ATR 822 Thesis or Culminating Project I  
ATR 823 Thesis or Culminating Project II

**Electives Courses**

12 Elective Credits Required. Students can select alternate electives with advisor and departmental approval.

ATR 600 Selected Topics in Art Therapy  
COU 651 Crisis Counseling  
COU 672 Counseling Children and Adolescents  
COU 675 Substance Abuse Counseling  
MFT 603 Introduction to Trauma Studies  
MFT 625 Family Systems and Therapy

**Program Total = 60 Credits**